

Belief

Courage

Growth



Behaviour & Resilience Mentoring

Welcome to our Programme

About Us

Think for the Future was founded in partnership with the University of Nottingham and The Young Foundation in 2012. We aim to empower young people with the knowledge and resilience to overcome social and emotional barriers they face and take charge of their futures. The Think for the Future Behaviour and Resilience Mentoring Programme is now based in over 70 schools, working with over 2,000 young people each day.

What does this look like for students?

Reduced
Negative
Behaviours

Increased
Positive
Behaviours

Improved
Resilience

Increased
Future
Aspirations

"I have been impressed by the TFTF Mentor's ability to engage some of our hardest to reach students and arm them with the essential knowledge and skills they will need to succeed in and out of the classroom"

- John Williams, Deputy Headteacher, Ellis Guilford School



Your mentor

Olly Middleton

olly.middleton@thinkforthefuture.co.uk



Olly, Brooke Weston's TFFT mentor, works with groups of students and individuals on a weekly basis, delivering fun and interactive sessions that equip students with the mindset and life skills to make the most of school and see the potential that they have. Olly uses his own experiences to build strong relationships with students and work with them to improve their attendance, school engagement and help them succeed.

As a positive role model, Olly provides a safe space for students to explore their emotions and helps students to develop strategies and mechanisms to overcome the barriers they face in school and daily life.

Developing Communication and Social Skills	Dealing with Emotions	Improving Behaviours and Attitudes
Understanding Responsibility	Building Confidence, Resilience and Self-Esteem	Coping with the Social Environment and Understanding Life
Having Respect & Tolerance	Self-Reflection	Thinking about Aspirations, Motivations & the Future



"The sessions have helped me with
my anger and confidence" - Year 8 Student



"I am growing as a person because it
helps me think positively" - Year 9 Student




"It has changed my behaviour and how
I am in school" - Year 7 Student






Think for the Future

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