

## **PHF** – Year 9 Report Feedback Sheet

Please find below information on each of the topics outlined on your child's report for PHF. We have broken down each topic into the PERK assessment- Participation, Effort, Knowledge and Reflection. PERK is used to assess each sport throughout the year. We have directed you to a number of resources on each of the topics to allow your child to improve further. You can find all of the information you need by going to the following website or looking in the Year 9 Student Team in the folder named 'Term 5 Report Feedback.'

Topic 1 - Participation	Resources
- Confidently takes on one role within PE lessons consistently - Participant-demonstrated skills for range of sports in isolated practices consistently	Refer to teams area with a list of links for national governing body websites
- Attempt to engage in extracurricular sporting activities	

Topic 3 - Knowledge	Resources
- Know the key skills and techniques within the 8 sports	Refer to teams area with a list of links for community links and opportunities
- Have an understanding of the physical activity guidelines	

Topic 2	2 - Effort	Resources
-	Consistently brings PE kit  Be able to	<u>Uniform - Brooke</u> <u>Weston Academy</u>
	contribute fully in all aspects of the lesson and demonstrate positive attitudes	
	towards all activities	

Topic 4 - Reflection	Resources
- Be able to	
evaluate own	
sporting	
performance	
within lesson	
identifying a	
strength and	
weakness of	
performance	