

Term	Content	Online support
1	<p>R051: Contemporary issues in sport</p> <p>Learners will explore a range of topical and contemporary issues in sport, relating to participation levels and barriers, the promotion of values and ethical behaviour through sport and the role of high-profile sporting events and national governing bodies in advancing sports’ attempts to positively impact upon society and showcase their worth beyond providing entertainment.</p> <p>LO1- Understand the issues which affect participation in sport</p> <ul style="list-style-type: none"> • The different user groups who may participate in sport • The possible barriers which affect participation in sport (with reference to the different user groups) • The solutions to barriers which affect participation in sport • Promotion • Access • The factors which can impact upon the popularity of sport in the UK <p>LO2- Know about the role of sport in promoting values</p> <ul style="list-style-type: none"> • Values which can be promoted through sport • The Olympic and Paralympic movement • Other initiatives and events which promote values through sport • The importance of etiquette and sporting behaviour of both performers and spectators • The use of performance-enhancing drugs in sport • Current initiatives 	
2	<p>R051: Contemporary issues in sport</p> <p>LO3- Understand the importance of hosting major sporting events</p> <ul style="list-style-type: none"> • The features of major sporting events • The potential benefits and drawbacks of cities/countries hosting major sporting events • The links between potential benefits and drawbacks and legacy <p>LO4- Know about the role of national governing bodies in sport</p> <ul style="list-style-type: none"> • What national governing bodies in sport do • Development • Infrastructure 	

	<ul style="list-style-type: none"> • policies and initiatives • Funding • Support 	
3	<p>R051: Contemporary issues in sport</p> <p>The exam will be sat in the first couple of weeks in this term</p> <p>Unit R052: Developing sports skills</p> <p>Learners will develop their skills, techniques and use of tactics/strategies/ compositional ideas in both an individual and a team sporting activity, as well as their understanding of the rules to allow them to act in a number of officiating roles within an activity. They will also consider the use of different practice methods in order to improve their performance. The unit builds upon the core themes of the National Curriculum for Physical Education in Key Stages 3 and 4 and offers learners the opportunity to refine and showcase skills developed as part of that programme of study</p> <p>LO1- Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity</p> <ul style="list-style-type: none"> • the key components of performance for an individual performer in a sporting activity 	
4	<p>Unit R052: Developing sports skills</p> <p>LO2- Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in sporting activity</p> <ul style="list-style-type: none"> • the key components of performance for a team performer in a sporting activity 	
5	<p>Unit R052: Developing sports skills</p> <p>LO4- Be able to apply practice methods to support improvement in a sporting activity</p> <ul style="list-style-type: none"> • how to identify areas of improvement in their own performance in a sporting activity • Types of skills • Types of practices • Methods to improve own performance • How to measure improvement in skills, techniques and strategies developed <p>LO3- Be able to officiate in a sporting activity</p> <ul style="list-style-type: none"> • How to apply rules and regulations relevant to the activity (e.g. reference to NGB rule books) • The importance of consistency (e.g. making sure rules are applied consistently in a variety of situations) • The importance of accuracy (e.g. applying rules correctly) • The use of signals (e.g. whistles/flags/gestures – how, when, why) • How to communicate decisions (e.g. with other officials, performers and the audience) • The importance of positioning 	

