

# Electives Options

Match your interests to our programmes...

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# Purpose

At Brooke Weston Academy, we understand the importance of enabling every student to engage in enriching extra-curricular activities. Our elective provision has been purposefully designed to allow each student to expand their experience and support personal growth beyond the academic achievements enjoyed in our classrooms.

Every student will participate in our elective programme, and this will take place every **Wednesday afternoon from 3:30 to 4:30pm**. Each elective offer will be led by our dedicated staff body and external facilitators, all of whom are specialists in their field.

This electives booklet provides an overview of what elective courses will be offered to students and any special equipment required. To ensure the breadth of our elective programme can be fully enjoyed, there will be compulsory courses that students are required to partake in.

### View Electives online – Student Electives

Due to the nature of some of the elective courses, only certain key stages and year groups may be able to participate. This information is indicated under every elective title. If there is no information regarding a specific key stage or year group, this means that the elective is open to all year groups.

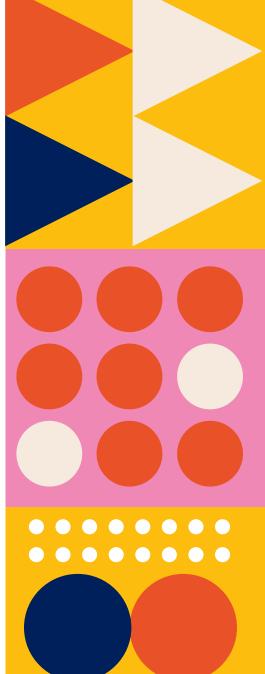
### Key Stage Breakdown:

- **Key Stage Three:** Year 7, Year 8 and Year 9
- **Key Stage Four:** Year 10 and Year 11
- **Key Stage Five:** Year 12 and Year 13



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**BBC Microbit** 

**Board Games** 

Engineering

#### DESCRIPTION

This elective gives you a chance to explore the importance of integrated circuits (microchips) and see first-hand why they are the driving force behind most modern technology and the important role they play in the future of many engineering sectors. You will code prototypes of real-life applications such as automated cars, smart homes, electronic circuits and Mars rovers. We will be using basic block editing and python as our coding platform via the BBC Microbit.org website. We hope to inspire the next generation of engineers by giving you insight, as well as hands on experience, of what makes our world tick at your own pace in a predominantly student led elective. Research has found that those who play board games have better cognitive function in memory,

thinking speed, problem solving, and general cognitive ability.

Playing board games teaches you to communicate, build social negotiation and teamwork, read and understand procedural directions and have fun even when you don't win. Absolutely anyone can learn to play board games. Everyone is welcome!

Boxercise is a fantastic opportunity to improve both cardiovascular and muscular endurance whilst enjoying being physically active in a new sport that the Academy does not currently offer.

Alongside developing your overall fitness and wellbeing you will begin to gain a deepened understanding of fitness and boxing techniques via high impact, high intensity exercise.

Boxercise



Brooke Weston Stock Market Club

Cake Decorating (Food students only)

This is a place where anyone can learn about stocks, shares and other investment products. Even if you have no experience whatsoever, we will teach you everything from what a stock is, to how investments funds work.

We will have an investment simulator to practice making trades without risking real money.

This is a great opportunity to learn new skills not taught in food lessons, get creative, make tasty, unique creations and improve your food presentation. You will learn a variety of cake decorating skills, techniques and processes. You will develop an ability to decorate cakes in a variety of ways and create your own designs.

#### **Charity Handicrafts**

We will make a variety of items for distribution to charities or charity shops. We will create crochet and knitted blankets, birthday cards and much more. If you are interested in giving back to your community, this is the elective for you.



TITLE	DESCRIPTION	AC
Classics	Classics refers to the study of the languages, literatures, material culture, and history of the societies of the ancient world of Greece and Rome together with their influence on later periods and cultures right up to the present day. If you're interested in the study of Ancient Greek, Latin, history, archaeology, mythology and society, then this is the elective for you.	
Combined Cadet Force (CCF)	The Combined Cadet Force (CCF) is a youth organisation in the United Kingdom, sponsored by the Ministry of Defence (MOD), which operates in schools, and normally includes Army, Royal Navy and Royal Air Force sections. If you enjoy being outside, working as part of a team and want to build your confidence, this is the elective for you. Enrolling on this elective does not mean that you are enlisting into the army.	
Couch to 5k	Enjoy a challenge? Want to get fit? This is an eight- week course to build up to running 5k. There will be a variety of fun events and challenges, both on and off-site. This will build up to be able to complete a 5k run which is the same as a Parkrun distance. This elective is for anybody that wants to have fun and build their fitness through challenging themselves.	
Debating Society	Do you enjoy discussing your views and opinions on real world issues? Do you feel your words empower you? Would you like to build confidence in presenting and group discussion within a respectful and safe space? Topics will be presented that impact our everyday lives e.g. climate issues, equal rights etc. Discussion will be centered around your point of views and the views of others. You will conduct research and challenge others in a formal debating	
TERMILY	setting building debating champions. Everyone can get involved, regardless of your confidence levels in public speaking. A debating team needs good researchers, quick thinkers, team collaboration in addition to confidence in delivery and articulation.	
Duke of Edinburgh Award	Take part in a nationally recognised award which is gained through participants learning new skills, committing to weekly physical activity and volunteering roles; ending with an expedition with your teammates.	
Equestrian Studies	If you are interested in horses, this is the elective for you. We will support and enhance your knowledge of horse care. Looking at the different aspects of feeding, cost, expectations, common ailments, types of competition and history of horse care. You will understand how to care for a horse, learn a dressage test, and discover possible careers plus more.	

ITLE	DESCRIPTION	-
Escape Room Puzzles	If you enjoy escape rooms, cracking codes and solving problems, this is the elective for you. Using your powers of observation and problem solving you will work together, against the clock to crack codes, solve puzzles and unlock cryptic clues.	
Filmmaking	During the year, you will be exposed to both the technical and symbolic codes at the heart of the moving image and filmmaking process. This will include learning the basics of camera work and editing, in addition to an exploration into the world of mise-en-scene, through experimentation with lighting, colour, costume, acting, setting and sound.	9
ENALL	You will learn to storyboard, produce, shoot and edit a variety of cinematic sequences for different media genres and purposes such as promotional campaigns, music videos, the horror film and film noir – a comic book inspired movie.	-
Football Golf	Foot Golf is a fantastic opportunity for students to try an exciting, emerging sport in the UK. The course will spread across the entire school fields which will enable students to practice and finesse their footballing skills and combine them with a golf themed activity. Additionally, there is a potential opportunity to experience Foot Golf at local courses once students have begun to master the BW course. Foot Golf will give students the opportunity to combine fun competition with keeping active and healthy.	

Forensic Science	Choose this if you have a passion for science and you want to learn how science can be used to solve crimes and determine what has happened at crime scenes.
TERMILY	We will look at a range of aspects of Forensic science. This could include DNA analysis, crime scene investigation, fingerprint analysis, blood splatter analysis, entomology and cold case files of miscarriages of justice.
Future Medics	Are you thinking about doing going into a career in medicine? Nursing? Veterinary? Surgery? This is the elective for you.
TERMILL TS THE	This elective will give you an insight into the world of medicine, learning about biological systems by dissection, looking at the history of medicine and the pharmaceutical industry and the application process.
Gardening	The outside world is wonderful and without plants we would not be here today! You will understand how to prepare the ground to grow seasonal vegetables and fruits, growing from seeds and learning how to grow in a greenhouse.
FEARIN	For anyone who enjoys learning about plants and being outdoors this is the exciting elective for you.

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## DESCRIPTION

### Geographical Fieldwork

Geographical Fieldwork is an exciting opportunity to explore our school grounds and feed our curiosity of the world around us by collecting data outside. As well as this, we will be using maps including tube, train and road maps, to learn how to plan routes and use cartographic skills. This elective provides a real-world opportunity for you to develop and extend your geographical thinking.

Enjoy being creative? Want to try and master the

throwing wheel? Try to be creative with clay and

This elective will enhance your art skills and be able to build sculptures. You will have a go at throwing on the pottery wheel, decorate with glazes, transfers and many more. Students who are either enthusiastic about art or wanting to

glazes? This is the elective for you.

learn a new skill in art are welcome.

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Great Pottery Throwdown



TITLE

Greatest Sporting Moments and their Cultural Impact



We will focus on the cultural impact live sporting events have had on society over the years. During the elective, we will re-live some of the biggest sporting fixtures of all time and discuss how they entered the forefront of public consciousness.

You will get a chance to watch some of the most iconic sporting moments such as Muhammed Ali rumble in the jungle and England's footballing triumph in 1966.



#### TITLE DESCRIPTION An opportunity to learn the basics of **Italian Language and** conversational Italian and about the landscape Culture and culture in Italy - for example food, fashion, literature, film, history and art! In this elective, you will have fun whilst learning to speak Italian with peers in real life scenarios through role plays and cultural points. Knitting In this fun elective we will be learning some basic knitting stitches, with the aim to make our own individual scarf and accessory. You will take this time to practice and learn a new skill whilst also being able to dedicate time for mindfulness and wellbeing. Landmarks of the World Join this elective if you are curious and love travelling. Dive into the mysteries and astonishing stories behind the world's most famous landmarks. We will focus on tourist experience, the meaning of these landmarks, and we will also explore the controversies, beliefs and secrets behind them. **Lego Robotics** Build and program your own Lego robot to complete set challenges. In teams of four we will design, build, code and then compete with our Lego Robots in a series of challenges each week, culminating in a competition for a Lego Trophy.

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TITLE	DESCRIPTION	
Logical Puzzles	Enjoy a challenge and problem solving? Logic puzzles help develop your problem solving skills and improves thinking and memory! We will tackle new puzzles weekly and challenge ourselves by trying puzzles of increasing difficulty. This is for anyone who wants to improve concentration, problem solving and enjoys applying logic to unknown puzzles!	
Miniature Painting and Tabletop Gaming	This is an opportunity to learn new skills, be creative and have fun. You will learn to assemble and paint miniatures and learn to play tabletop games. Suitable for all ages, and experience levels. Beginners are welcome.	
Musical	Do you enjoy performing, singing, dancing and the theatre, both on stage or behind the scenes? Want to become part of a performing arts community and make friends for life?	
	This is the elective for you. This elective will give you the opportunity to work as a close- knit ensemble to create a professional theatre performance. With the option to perform as a lead role, ensemble or support backstage with technicians and stage management, you will gain valuable life skills that you can take forward into anything you choose to do.	
YEARIX	Students who are either enthusiastic about the performing arts or want to improve their confidence, communication skills or technical knowledge. This is a big commitment so students will need to be enthusiastic and dedicated.	

TITLE	DESCRIPTION
Poetry By Heart	Are you looking for somewhere to escape to? Somewhere you can feel "seen" – both physically and metaphorically? Would you like your own voice to be heard in a roar rather than a whisper? Our poetry recitation elective can offer you this and more. Poetry By Heart is a national competition that offers the finalists the chance to compete on stage at Shakespeare's Globe theatre in London. You can choose whether to recite your chosen poems in a classic style with your natural speaking voice or in a freestyle individual or group production with an original, "anything goes" performance.
Politics	Are you interested in what makes the world tick? Do you wonder who makes the decisions that impacts your life? Are you interested in current affairs? If yes, then this is the elective for you. We will learn about national and global events. We will also discuss and debate new ideas as well as delve into political ideas that have been dominant for many years.
Pride	<ul> <li>You can make a positive impact on the experiences of LGBTQIA+ students at Brooke Weston. The club will focus on:</li> <li>Wellbeing - Offering a safe place to get to know other LGBTQIA+ students as well as allies who want to make a difference</li> <li>Campaigns - Helping to celebrate key calendar dates, create resources, raise awareness around the academy</li> <li>Fundraising – Organising fundraising efforts to raise money for organisations like the AKT and The Proud Trust</li> <li>It is open to anyone, from any year group, regardless of gender identity or sexuality.</li> </ul>
Project Rugby	Project Rugby is the opportunity to have sessions delivered by a professional coach from Northampton Saints Rugby Club and develop an interest into the world of rugby. You will be able to engage in sessions covering a broad range of skills and discover opportunities to join a rugby club in your local community.

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#### TITLE DESCRIPTION **Reading Group** Enjoy reading or want to improve your reading skills as a group? Want to read and explore new genres? Want to read for pleasure and creatively respond to what you read? This is the elective for you? We will be reading a selection of different fictional genres as a group, including Harry Potter, and then carrying out activities relating to the things we read. **Robotics** Robots are machines that can be used to do a variety of important jobs. Some robots can do work by themselves and other robots must always have a person telling them what to do. This is an elective that allows you to create, build and program your very own robot. **Sociolinguistics** Sociolinguistics is the study of language all around us. It explores the relationship we have with language, how it connects us as humans and also investigates

Within this elective, we will explore how words work: how language is used to influence, how language is used to criminalise, how language is used to liberate, how language is used to place. Words are tools, our tools, and it is important we understand them so that we can use them, manipulate them and ultimately, thrive off of them.

how the words we speak connects us to the world we live in. Language and social interaction have a reciprocal relationship: language shapes social interactions and social interactions shape language.

#### TITLE

**Sound Engineering** 

#### DESCRIPTION

Music isn't just about being a multi-platinum recording artist. If you like experimenting with sounds, recording loops and beats, building tracks or have songs that you have been multi-track recording at home, this will be for you. Using the fully equipped BWA recording studio, we will over the course of the eight weeks learn how to use it.

You will get to experiment with everything from different recording techniques such as mic placement to the software involved. Supporting other members of the elective in recording their instruments and creating the building blocks of a multi-tracked piece, the aim will be to collectively build an original piece of music every term.

#### **Speak French Fluently**

This elective will prepare you to communicate without fear and you will improve your conversation skills, accent and intonation!

We will be looking at controversial adds, films, pictures and events from the different continents where French is spoken and will look at how to use what we know to discuss these further. You

will be taught expressions and idioms as well as slang which is not taught in the curriculum.

TERMIL

**Speak Spanish Fluently** 

Are you interested in becoming fluent in Spanish? Do you want to use the Spanish you have learnt for any type of conversation? This is the perfect elective for you! This elective will help you to become confident at speaking Spanish as well as developing your speaking skills, accent and intonation. 60

### TITLE

#### DESCRIPTION

Sports Leadership Level 1 and Level 2 This course will take you on a journey to gain life skills. Through the course journey you will develop five essential skills that will help you progress in other areas of interest to you. The five skills are: communication, self-belief, teamwork, selfmanagement and problem solving.

You will learn about how to become a successful leader with the opportunity to progress onto future sport leadership courses with a qualification at the end resulting in credits you can use towards future courses.

#### **Textiles: Silk Painting**

TEARLY

Tour the World of French Culture with Me that culminate in amazing pieces of art. Explore how to create a variety of patterns and immerse yourself in a creative space. If you are artistic and have imaginative flair for

Use paints on silk to create a range of projects

If you are artistic and have imaginative flair for patterns or just enjoy painting, this is the elective for you.

Did you know that French is not spoken in France only? Are you interested in exploring the world of French and its cultures around the world? This is the elective for you.

Tour the French world with me. This elective will broaden your knowledge about the world of French and prepare you for the French world outside the classroom. It will give you the opportunity to learn all about their food, music, fashion, films and many more.

UKMT       Enjoy a challenge and problem solving? Want to apply the mathematics you have learnt outside of the lesson? This is the elective for you. This elective will prepare you for and enter you into national competitions for teams and individuals to showcase your maths skills and talent. There are junior, intermediate and senior competitions so all year groups are welcome to join in!         Under Their Influence       Under their influence explores the power that social media has in shaping our society's sentiment and attitudes. In our sessions we will be exploring multiple representations in the media such as gender, race and power in order to decode the stereotypes that are cemented in to our society and to also reflect on the social and cultural changes over time.         Furthermore, we will explore the impact of internalising the bias stereotypes that are often presented to us. Together, in creating our own social media platform, we will be able to decode, evaluate and assess how scandals and events are depicted on social media and use our own platform to combat the negative and bias	TITLE	DESCRIPTION
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