

PE Department

	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	Year 12	Year 13
TERM 1	<p>Core PE Develop technique and skills from key stage 2 within a range of sports in isolated practices. Aim is to develop fundamental skills in each of the sports below</p> <p>OAA Athletics Netball FB Fitness Trampolining Hitting games Leadership award Rugby</p>	<p>Core PE Continue to practice technique and skills and develop fundamental skills but apply them in modified games.</p> <p>Athletics Badminton Netball FB Fitness Trampolining Hitting games Leadership award through OAA Rugby</p>	<p>Core PE Consistently apply key skills and techniques into full sided games.</p> <p>Athletics Football fitness Hitting games Rugby Badminton BB Netball Leadership award through umpiring</p>	<p>Core PE Transfer key skills learnt in a range of sports to outwit opponents</p> <p>Athletics Hitting games Functional multi skills Volleyball BB Alt sports Netball</p>	<p>Core PE Allow them to understand sporting events across the world and enjoy them as a performer, official, coach or volunteer.</p> <ol style="list-style-type: none"> 1. Rock paper scissors 2. Pyramid 3. Tallest tower 4. Team bleep 5. Cross the river 6. Grand prix 7. Mini Olympics 8. Fitness by chance <p>Hitting, BB, Netball, Alt sports</p>		
TERM 2	<p>Core PE Develop technique</p>	<p>Core PE Continue to</p>	<p>Core PE Consistently apply</p>	<p>Core PE Transfer key skills learnt</p>	<p>Core PE Allow them to</p>		

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	<p>and skills from key stage 2 within a range of sports in isolated practices. Aim is to develop fundamental skills in each of the sports below</p> <p>OAA Athletics Netball FB Fitness Trampolining Hitting games Leadership award Rugby</p>	<p>practice technique and skills and develop fundamental skills but apply them in modified games.</p> <p>Athletics Badminton Netball FB Fitness Trampolining Hitting games Leadership award through OAA Rugby</p>	<p>key skills and techniques into full sided games.</p> <p>Athletics Football fitness Hitting games Rugby Badminton BB Netball Leadership award through umpiring</p>	<p>in a range of sports to outwit opponents</p> <p>Athletics Hitting games Functional multi skills Volleyball BB Alt sports Netball</p>	<p>understand sporting events across the world and enjoy them as a performer, official, coach or volunteer</p> <ol style="list-style-type: none"> 1. Cone minefield 2. OAA point finder 3. Back to back drawing 4. Name fitness challenge 5. Spiders web 6. 5000m rep challenge 7. 0 and x 8 write 10 questions <p>FB, DB, VB, Flag football</p>		
TERM 3	<p>Core PE Develop technique and skills from key stage 2 within a range of sports in isolated practices. Aim is to develop fundamental skills</p>	<p>Core PE Continue to practice technique and skills and develop fundamental skills but apply them in</p>	<p>Core PE Consistently apply key skills and techniques into full sided games.</p>	<p>Core PE Transfer key skills learnt in a range of sports to outwit opponents</p>	<p>Core PE Allow them to understand sporting events across the world and enjoy them as a performer, official, coach or volunteer</p>		

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	<p>in each of the sports below</p> <p>OAA Athletics Netball FB Fitness Trampolining Hitting games Leadership award Rugby</p>	<p>modified games.</p> <p>Athletics Badminton Netball FB Fitness Trampolining Hitting games Leadership award through OAA Rugby</p>	<p>Athletics Football fitness Hitting games Rugby Badminton BB Netball Leadership award through umpiring</p>	<p>Athletics Hitting games Functional multi skills Volleyball BB Alt sports Netball</p>	<ol style="list-style-type: none"> 1. Bench ordering 2. Paper aeroplanes 3. Hoop rock paper scissors 4. Hearing the sheep 5. Longest line 6. Spell out the answer 7. Push the cone 8. Connect 4 <p>Fitness, badminton, Flag football</p>		
TERM 4	<p>Core PE Develop technique and skills from key stage 2 within a range of sports in isolated practices. Aim is to develop fundamental skills in each of the sports below</p> <p>OAA</p>	<p>Core PE Continue to practice technique and skills and develop fundamental skills but apply them in modified games.</p> <p>Athletics Badminton</p>	<p>Core PE Consistently apply key skills and techniques into full sided games.</p> <p>Athletics Football fitness Hitting games Rugby</p>	<p>Core PE Transfer key skills learnt in a range of sports to outwit opponents</p> <p>Athletics Hitting games Functional multi skills Volleyball BB Alt sports Netball</p>	<p>Core PE Allow them to understand sporting events across the world and enjoy them as a performer, official, coach or volunteer</p> <p>Revision or sport self selected</p>		

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	<p>Athletics Netball FB Fitness Trampoline Hitting games Leadership award Rugby</p>	<p>Netball FB Fitness Trampoline Hitting games Leadership award through OAA Rugby</p>	<p>Badminton BB Netball Leadership award through umpiring</p>			
<p>TERM 5</p>	<p><u>Core PE</u> Develop technique and skills from key stage 2 within a range of sports in isolated practices. Aim is to develop fundamental skills in each of the sports below</p> <p>OAA Athletics Netball FB Fitness Trampoline Hitting games Leadership award Rugby</p>	<p><u>Core PE</u> Continue to practice technique and skills and develop fundamental skills but apply them in modified games.</p> <p>Athletics Badminton Netball FB Fitness Trampoline Hitting games Leadership award through OAA Rugby</p>	<p><u>Core PE</u> Consistently apply key skills and techniques into full sided games.</p> <p>Athletics Football fitness Hitting games Rugby Badminton BB Netball Leadership award through umpiring</p>	<p><u>Core PE</u> Transfer key skills learnt in a range of sports to outwit opponents</p> <p>Athletics Hitting games Functional multi skills Volleyball BB Alt sports Netball</p>	<p>N/A</p>	